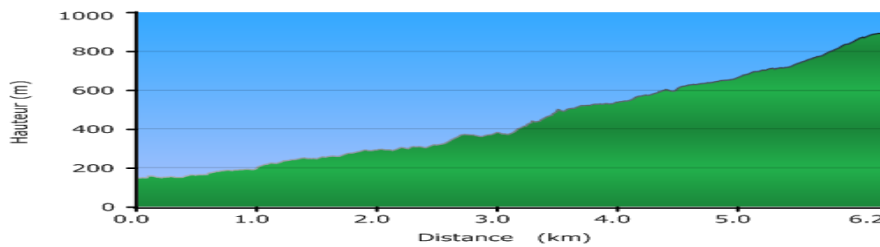# « MONT NICOL-ALBERT » TRAIL

Length: 12,4 km

Type: round-trip

Difficulty level: very difficult

Elevation: 750 metres

Starting point: the starting point of the trail is at the Petit-Sault campsite, at the Route 1 junction with the IAT (53 km from the John registration centre) Parking along Route 1.

PROFILE OF THE HIKE

DESCRIPTION OF THE HIKE

The ascension of the mont Nicol-Albert represents one of the strongest hiking challenge in Quebec with its 745 metres of elevation on a distance of 6,2 kilometres. The Nicol-Albert trail offers multiple interest points: the Cap-Chat River at the bottom, the numerous waterfalls of the spectacular ruisseau Beaulieu, and towards the top, numerous viewpoints as well as the crevasse and the famous "bonhomme" (man). This last attraction is accessible through a 90 metres trail and it is difficult to access because of its incredibly steep descent. A rope is made available for hikers to make the access easier. The effort is rewarded by a curiosité géologique sculpted by the wind, called "bonhomme" because of its shape which resembles a human face.
Retrace steps to get back to the start.
Alternative: For a shorter hike, only reach the second stream, 3,6 km further, which gives a round-trip hike of 7,2 km.

LOCALISATION

On highway 132 in Cap-Chat you have to turn right on the *rue des Fonds*. This street is located just before the bridge that crosses the Cap-Chat River. Afterwards, you have to follow the Cap-Chat River ZEC indications. After 2 or 3 kms, you will have to keep right. The *rue des Fonds* will change name for the *rue des Érables…* always heading towards the ZEC which is 10 kms from the 132. When you get to the ZEC, you have to go through a pay toll of 7.41$. Keep going on the same road for 28 kms and you will get to the Chute Hélène parking lot. The parking lot is 50-60 metres before the trail entrance.

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Sentier du Mont Nicol-Albert

B389

B388

884 m

Mont Nicol Albert

Petit lac
Nicol-Albert

B387

Route principale

SIA

250   125   0   250 Mètres

Équidistance des courbes : 50 pieds

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A
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B381

Rivière cap-Chat

Stationnement
Départ

Camping
du Petit-Saut

B382

Ruisseau Beaulieu

B383

1

R é s e r v e   f a u n i q u e   d e   M a t a n e